

YOUR *MARY KAY CLINICAL SOLUTIONS*[®] RETINOL 0.5 PRODUCT COMPATIBILITY GUIDE

Be wise while you retinize!

When using a high-concentration retinol product, it's important to gradually establish skin tolerance before advancing to more frequent use. This includes Mary Kay's eight-week retinization protocol, during which it is also recommended to avoid certain products and ingredients. This will help maximize comfort and ensure the best possible experience.

See below for *Mary Kay*[®] products to avoid during the eight-week period as well as how and when to resume using them.

AVOID USE DURING RETINIZATION

DIRECTIONS FOR USE AFTER RETINIZATION

EXFOLIATORS



○ *TimeWise*[®] Microdermabrasion Refine



○ *TimeWise Repair*[®] Revealing Radiance Facial Peel



○ *Mary Kay Clinical Solutions*[®] PHA + AHA Resurfacer



○ *Mary Kay Naturally*[®] Exfoliating Powder

☾ Use on nights you are not applying retinol 0.5, and use no more than 2 or 3 times per week.

Mary Kay Clinical Solutions[®] PHA + AHA Resurfacer should not be used in conjunction with *Mary Kay Clinical Solutions*[®] Retinol 0.5 or when using *Mary Kay Clear Proof*[®] Acne System

EXFOLIATING TOOLS



○ *Skinvigorate Sonic*[®] Skin Care System
○ *Skinvigorate Sonic*[®] Facial Massage Head

Reintroduce the facial cleansing brush head on the gentle setting before advancing to higher levels.

HIGH CONCENTRATIONS OF VITAMIN C



○ *TimeWise Replenishing Serum C+E*[®]



○ *Mary Kay Clinical Solutions*[®] C + Resveratrol Line-Reducer

☀ Apply only in the mornings. Do not apply day and night when using retinol 0.5.

ACNE TREATMENT PRODUCTS that include salicylic acid

○ *Clear Proof*[®] Acne System



Not recommended for use with retinol 0.5.

OTHER



○ *Mary Kay Clinical Solutions*[®] Ferulic + Niacinamide Brightener



○ *Mary Kay*[®] Hydrogel Eye Patches

Can be applied morning and night

☀☾ Use in the morning or on alternating nights from your application of retinol 0.5.

Pregnant, lactating or planning to become pregnant? Do not use *Mary Kay Clinical Solutions*[™] Retinol 0.5 during these times.

MARY KAY

During the retinization process, Mary Kay recommends avoiding physical and chemical exfoliation products, acne products and products with high concentrations of vitamin C since they may contribute to temporary dryness or irritation. For more information on usage and for Mary Kay recommendations, visit marykay.ca or contact your Mary Kay Independent Beauty Consultant. Keep out of the reach of children. Consult your physician if you have any questions regarding retinol use.

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